

EMERGENCY CONTACT LIST

Keep this list in a highly visible place for babysitters, family members, and quick reference.

Family Name: _____ Last Updated: ___/___/___

EMERGENCY SERVICES

Service	Phone Number	Notes
Police / Fire / Medical Emergency	911	Life-threatening emergencies
Poison Control Center	1-800-222-1222	Toxic exposure, swallowed poison
Animal Poison Control (ASPCA)	(888) 426-4435	Pet toxic exposure
Local Police (Non-Emergency)		
Local Fire (Non-Emergency)		

HOUSEHOLD INFORMATION (For dispatchers & babysitters)

Information Needed	Details
Home Address (For 911):	
Gate Code / Key Location:	
Known Allergies in Home:	
Major Medical Conditions:	

PRIMARY CONTACTS (Family, Friends, Neighbors)

Name	Relationship	Cell Phone	Work / Alt Phone

MEDICAL CONTACTS

Doctor / Facility	Phone Number	Address / Notes
Primary Care Doctor		
Pediatrician		
Dentist		
Hospital / Urgent Care		
Pharmacy		

UTILITIES & HOME SERVICES

Service / Company	Phone Number	Account # / Notes
Electricity		
Water		
Gas / Heating		
Internet / Provider		
Towing / Roadside		